

Sunrise over San Luis Rey Rotary Club of Oceanside

Meet Wednesdays: 7:15 am
Jolly Roger Restaurant @
Oceanside Harbor

January 2007 Newsletter

SLR Club: www.sanluisreyrotary.org

Rotary District 5340: www.rotary5340.org

Rotary International: www.rotary.org

2006-07 Board of Directors

President: Bob Reinseth
Pres-Elect: John Hartin
Secretary: Barbara R. Wayne
Treasurer: Rosemary Jones
Directors: Jan Hire
Dusty Rhoads
Nick Ruddick
Greg Weeding
Past Pres: Sarah McAfee
Committee Chairs
Community Service: Jan Hire
International: Tim Poldrugo
Vocational: Anita Wold
Foundation: Tina Ortiz
Membership: Greg Weeding
Public Relations: Marti Farris
Sergeant @ Arms: Elliot Schroeder
Program: David Little
Internet: Nick Ruddick
Rotarians@Work: Dusty Rhoad
Newsletter: Sarah McAfee
sarah2dogs@cox.net

President Bob... Greetings Rotarians,

A Happy New Year to you all. It appears to me that with the New Year comes a renewed commitment to Rotary. It's been a pleasure to see so many friendly faces on these cold Wednesday mornings. I've heard that 80% of those who make New Year's resolutions don't even make it through the first 7 days of the year. I challenge all of you to make participation in Rotary this year at the top of your list. The great thing about our Club is that there is an opportunity for all of us to serve in some capacity. We are not such a large club that we are able to sit back and let others handle everything. If you have the willingness to serve, WE HAVE A JOB FOR YOU!!

With that said, we have some very busy months coming up and it's time for all of us to get busy. On the 15th of February, we will host our first Evening at the Theater. We have committed ourselves to approximately 60 tickets, at a price of \$25 each. We will be serving Wine, Cheese, Crackers and Desserts. This will be a small event that will enable us to gauge our ability to host larger events in the future, and everyone's participation will make it a great success!

We are working on identifying a senior citizen or perhaps a military family who needs some assistance now that the holidays are over, and may serve as a project that will be ongoing throughout the year.

Also a reminder to save the date, **Saturday April 28th**, will be our second annual Rotarians at Work day. On this date, approximately 3000 Rotarians will participate in projects throughout our district, sponsored by their individual clubs. Our goal is to have 100% participation, either through a hands-on project that day, or in a supporting role in preparation. Further details will follow shortly.....

Our major fundraiser is our Annual Golf Tournament in conjunction with the Rotary clubs of Oceanside, El Camino, and Camp Pendleton. Our very own Past President Bob Schroeder will be heading the efforts on this as usual and I'm sure that he can use all the assistance he can get, whether it be rounding up a foursome to play golf, or soliciting sponsorships and door prizes, your participation will make this a great success and will enable us to fund worthy projects in the upcoming year.

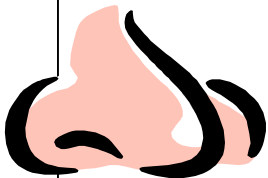
These are just a few things we have coming up in the next few months, and there are many more too numerous to list. Please, if there is something you feel passionate about and would like to get involved in, don't wait for someone to ask, come forward and volunteer, we will cheerfully put you to work.

Again, I wish all of you and your families a Happy New Year, and look forward to a prosperous year, both personally and through our Service Above Self.

President Bob



A reminder. Tickets for "The Odd Couple" at the Broadway Theater in Vista on Thursday, February the 15th are going fast. We are limited to 58 tickets for this fantastic opening night play. So if you are planning to attend let me know as soon as possible. Cost is a mere \$25.00 for an entertaining night out. Wine, cheese and crackers will be served at a 6:00pm reception. Play starts at 7:30pm. We are counting on you to bring your favorite snack food (desserts are okay too). Please contact Sarah McAfee or David Little about what you want to bring and bring enough for a dozen people.



Letters to the Newsletter Editor - Sarah [Editorials]

If you've been snooping around and have something curious or interesting to share with the members, email the information to me and I'll get it in the next available newsletter. We're always interested in good-snooping news. Email to sarah2dogs@cox.net You too can share your news, after all...It is your newsletter! Editor has sole discretion to use the article or make up something. If you should have sent news and didn't, it will be made up at Editor's choice.

No submittals this month. Does that mean:-

- 1) that you WANT me to make up stuff for you?
- 2) that you are lazy to the core?
- 3) that you are knee - deep in cleaning up after the Holidays?
- 4) that you are working far too hard at work and not hard enough on Rotary snooping?

New Year Wishes to YOU

DAVID PLANK: Forgive an enemy...Mend a quarrel...Apologize if you were wrong...Give a soft answer...Be gentle, be kind...Think first of someone else...Seek out a neglected friend...Write a letter...Share a treasure...Keep a promise...Find the time...Encourage a youth...Gladden the heart of a child...Listen...Express your gratitude...Take pleasure in the beauty and wonder of nature...Laugh a little...laugh a little more...Speak your love...Speak your love again and again and again...Then show your love in deeds.

LESLIE GALLAGHER: In lieu of resolutions (which I never keep anyway), I decided to take time in the new year to reflect on my past year and to count my blessings. 2006 was an eventful year for me. I learned new things, made several new friends, traveled, enjoyed being a mom more than ever, and continued to grow personally and professionally.

As we begin the New Year, I wanted to stop for a moment and reflect on those things in my life for which I am thankful. I am thankful for many things: family, my dog, friends, a good job, a beautiful home, my very supportive husband, but I am also very thankful that I am a part of this marvelous organization called Rotary.

I am thankful that Laurie introduced me to Rotary and bugged me about coming to a meeting until I finally relented. I am thankful to Sarah who was our president during my first year, and who gave me a demanding job, forced me to get to know everyone right off the bat, and supported and applauded my efforts to push the envelope with club activities. I am thankful to Elaine, our terrific waitress who always knows when I really need more coffee and keeps an eye on me during breakfast. I am thankful for Tim Poldrugo, who gave me some much-needed and non-judgmental assistance. I am thankful for David Plank and his lovely wife Gwen, for my spirited friend, Anita Wold, Bob Reinseth, David Little and Jan Hire, who all followed me blindly through downtown San Diego after the Padres game as I led them to the trolley station that was "just a little ways away" from the stadium. Even though it was a 20+ minute walk, and we almost missed the train, I never heard anyone complain.

I am thankful for Carol Minor, who always tells me when my hair needs fixing, helps me dig tree holes, and always "calls 'em as she sees 'em." She forever makes me grateful I went to charm school as a child. I am thankful for Bob Reinseth, who lets me make all the event decisions because he can't possibly do it - and lets me take the credit when it goes well, while taking the blame if it doesn't. I am thankful that although we come from different backgrounds, have different political views, different lifestyles and different ideologies, we all come together every Wednesday morning and sing very badly. Thank you to all my friends, I love you all!

JOHN HARTIN: As a club of working men and women (some lucky to be fully retired), there are numerous demands on our time and energies. Having been in the Club for many a year, I have seen a variety of different styles in our Presidents. Past Presidents, I have been keeping notes and I pledge to emulate the best of each of your styles and create a truly unique Hartinesque style. I am already on my second notebook of ideas. Now, if I can just remember where I put my eyeglasses.

ROSEMARY JONES: Okay, I must come clean, at least with you my dear Rotarians. The Four Way Test and all you know. The rumor is true. The Chargers have asked me to lead the cheerleading squad if they are able to strike a deal and come to Oceanside. Do you think that is a conflict of interest for me? I do need your advice.

ROSE ROSIER: I miss you all so very much that I am looking to move back and to rejoining SLR Rotary. I hope I can get accepted in membership again. I know the standard is pretty high and after all, one of the motivating factors in my wanting to return is that one of my tenants died and I would have a place to live. Seriously, the tenant was a dear and will be missed. But.....

Memories from 2006 - Marti Farris showed the ultimate in flexibility when she put herself in as our speaker (actually she put the club members attending as the speaker). Each person was called on by name (except Marti could not remember Greg Weeding's name. I understand he is still in therapy over that rejection.). Marti asked each of us to share a special/distinct memory from 2006.

Since I was told by Marti to take notes, I did. However, I have jumbled the contributors and the memories. The first member to correctly match the contributor to their memory, bring the proof to me and there is a prize in it for you. First come first and only win.

<u>Contributor</u>	<u>Memory</u>
Bob Reinseth	Playboy Jazz Fest
John Hartin	Experienced a Japanese bath
Rosemary Jones	Club accomplishments
Barbara R. Wayne	Miracle recovery in the family
Sarah McAfee	9 days in Normandy
Greg Weeding	20 th wedding anniversary
Jan Hire	Experienced a Japanese bath
Dusty Rhoad	Reply to email re 1870 telegram
Nick Ruddick	Grand Opening - new landfill
Kay McDaniel	<i>oh, she was still sleeping</i>
Mike Kastrup	<i>oh, dear so was he. Together?</i>
David Little	surviving auto accident
David Plank	granddaughter buying her 1 st house
Billie Phillips	hospital tumor
Claud Phillips	3 more grandchildren to love
Jim Downs	good Samaritan
Sharon L'Heureux	retirement
Jodi Coe	2 trips to Grand Canyon hiking
Greg Hartman	Club accomplishments
Leslie Gallagher	retirement
Marti Farris	Demotion Party at Marina Inn
Curt McRae	Trying year
Dennis Merchant	3 more grandchildren
Kathleen O'Hagan	1 st grandchild born
Carol Minor	surprise child and grand children for birthday
Jim Zicaro	Club accomplishments
Anita Wold	surviving auto accident
Elliot Schroeder	forgot what he said
Bob Schroeder (BS)	good Samaritan
Tim Poldrugo	forgot what she said

SAN LUIS REY ROTARY BOARD 2007-2008 - Congratulations!

The following people were elected in December 2006. Their term begins July 1st, 2007.

PRESIDENT	John Hartin
PRESIDENT ELECT	Tim Poldrugo
SECRETARY	Anita Wold
TREASURER	Rosemary Jones
BOARD MEMBERS	Elliot Schroeder Jan Hire Leslie Gallagher Dusty Rhoad

Great thanks go out to all current and past officers for your tireless service. Special thanks to our Webmaster and Budget master, Nick Ruddick.

BIRTHDAY CORNER: (EDITOR'S NOTE: someone send me one of their birthday pictures or else every Birthday Corner will be greeted by the cutest female baby in the Club which would not be a bad thing at all).



You know Leslie's boss, or is it the baby is keeping her far too busy if, two months in a row, she has not submitted an article. My apologies to those with birthdays in January. Well, she got her column in before we went to press. Thanks Leslie.

The Birthday Corner.....

December Birthdays

A very happy belated birthday wish to all our December Babies

David Little, (December 6th)

Greg Weeding, (December 7th)

Carol Minor, (December 8th)

Claude Phillips (December 18th)

January Birthdays

Celebrating birthdays in January:

Jack DuffieJanuary 7th

Laurie Dunne January 17th

Tim PoldrugoJanuary 25th

Thought for the day..... "I'm at an age where my back goes out more than I do" – Phyllis Diller



MEET OUR NEWEST MEMBER –
SHARON L'HEUREUX

Hello! I'm Sharon L'Heureux "Laroo" and I live in San Elijo Hills in San Marcos, CA. I'd like to take a moment to tell you a little bit about my background and myself in general. I am the Equal Employment Opportunity Manager for the City of Oceanside (I love it!). I also work as a volunteer Mediator for the National Conflict Resolution Center and an Arbitrator for the Better Business Bureau, and I thoroughly enjoy assisting others in resolving their employment related disputes, consumer complaints, homeowner/HOA disputes and landlord/tenant and parent/teen issues.

I hold a Bachelors of Business Administration in Human Resource Management (University of Alaska, Fairbanks) and a Law Degree (California Western School of Law). In addition, I hold my Mediation Credential from the National Conflict Resolution Center in San Diego, California and I am a certified Arbitrator for the Better Business Bureau. I was born and raised in Massachusetts, and I lived in Fairbanks, Alaska for 12 years before moving to San Diego in 2000. Prior to attending Law school, I worked in nonprofit development and administration. I have over a decade of human resource, management and alternative dispute resolution experience. I love the law and enjoy helping others come to effective resolutions. I also teach business ethics and management classes online for the University of Phoenix and Western International University.

When I am not working, I spend my time running, biking, swimming and hiking, checking out the latest independent films and visiting with friends. I am a competitive age group tri-athlete (completed two Iron Man triathlons) and distance runner. My biggest fan and most loyal training partner is my very handsome 12-year-old chocolate lab named "Barkley." In my spare time, I am the hike leader for the Leukemia and Lymphoma Society's Hike for Discovery Program. We've hiked in Yosemite National Park and the Grand Canyon last year, and we are currently preparing to hike in Haleakala National Park in Maui this February.

I look forward getting to know all of you and look to becoming an active member of the San Luis Rey Rotary Club.

Sick Bay Report



It is with GREAT happiness that I can report that our Club is getting its health legs back. Continue to pray for good health for Keith Cobb (Carol Minor's better half) as he goes through his C-treatments. UGH!

DON'T FORGET – Up to the minute Club news and events can always be found on OUR website. Also take a moment to visit the Club Photo Gallery.

San Luis Rey Rotary Club Newsletter-January 2007 over and out.
(98th Annual RI Convention in Salt Lake City, Utah from 17-20 June 2007)