



# Sunrise over San Luis Rey Rotary Club of Oceanside

Meet Wednesdays: 7:30 am  
Jolly Roger Restaurant @  
Oceanside Harbor

[W](#) [July/August 2005 Newsletter](#)

## 2005-06 Board of Directors

**President:** Sarah McAfee  
**Pres,-Elect:** Bob Reinseth  
**Secretary:** Tim Poldrugo  
**Treasurer:** Jan Hire  
**Directors:** Mike Kastrup  
Jim Downs  
Nick Ruddick  
Greg Weeding  
**Past Pres.:** Curt McRae

## Committee Chairs

Community Service:  
Reggie Grigsby  
International Service:  
John Hartin  
Vocational Service:  
Rosemary Jones  
Foundation: John Hartin  
Membership: Greg Weeding  
Communications: Laurie Dunne  
Newsletter Editor:  
Barbara Wayne

## Rotary District 5340:

[www.rotary5340.org](http://www.rotary5340.org)

## Rotary International:

[www.rotary.org](http://www.rotary.org)

## New Prez. Sarah sez:

**LOOKING BACK:** Curt's demotion party held 7/8/05 at the Flying Bridge was one for the record books. Ask Barbara and Rosemary about their emerging entry into the world of dentistry. I do believe there is a career there for these two past presidents of SLR. Then of course there was the standard Laurie Dunne Game Show and Dennis's Top Ten Hits from the past year.

As incoming President, I had a long list of Curt's accomplishments that had to be saved for our first Club Meeting because the band was about to begin and they were not playing our tune!

**RECAP OF 04-05:** Not many Rotarians get to preside over the 100<sup>th</sup> year celebration of Rotary (okay, SLR has only been in existence for 13 or so but Curt did not let that stop him). Nov 04 saw SLR Rotarians hosting the best ever Thanksgiving Dinner; we even had OceanShores kids serving that day and school was closed! Then there was the Baby Food. FRC has baby food, baby wipes, and diapers busting out of their storage closets but these supplies go out as fast as we drop them off. So keep them coming Rotarians.

Speaking of OceanShores, December 04 was a great Christmas party held by SLR and local Soroptimists for the children of OceanShores students; there was the 2 \$500 scholarships; and two students sent to RYLA.

Under Curt's leadership, our club helped a club in Brazil to purchase vision equipment for a hospital in Brazil. At least we will after all the red tap and RI regulations are met.

A once in a life time opportunity – the Club's Centennial Project. Our site – the Boys and Girls Club of Oceanside now has great landscaping (grass, bushes and trees). Club members put in sweat equity and thanks to Dennis we got the raw materials donated. Watch for an upcoming dedication!

What can we say about the success of this year's Golf Tournament – way to go Bob and club members. Our share of the "pot" this year is record – breaking. \$5,379. Yes, I said \$5379.

Then we honored 4 Rotary Appreciation Program recipients, members of the military and community whose efforts to help other stood out.

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Curt's year ended with the Fourth of July parade and he was not even there. But we did not let him down. This year (like last) the SLR and El Camino Rotary Clubs joined together and we had about equal numbers from both clubs. Thanks to donations by Oceanside Rotary and El Camino Rotary we had brand new decorations too!

Thanks Curt. Now do not expect Curt to disappear quietly into the sunset because Curt is heading up a committee to develop a new Signature Fund Raiser for SLR. Lend Curt a hand and an idea or two would be okay.

**LOOKING FORWARD:** Sarah McAfee is inducted as President for the 05-06 Rotary year. This will be a year marked with involvement. There is so much to do and so little time; so much to do, so much need. Busy as bees we will be. Here are just the beginning goals that Sarah has put before the club. Your ideas will expand this list no doubt.

**Signature Fund Raiser:** Curt McRae and his committee will be presenting to us a fund raiser. With Board approval, the club will commit to this fund raiser for 3 years (it often takes that long to determine if it will take off and be successful). We will hold our first fund raiser before June 06.

**Foundation Goals:** Much of the great work done by Rotary is accomplished because of the money given to the Rotary Foundation. We currently have 16 Paul Harris Fellow (club members who have given \$1000 to the Foundation). We would like to see if we can increase our PHF by 4 during this coming year. It is also a goal to encourage all who can to donate at least \$100 this year to the Rotary Foundation. A \$100 contribution makes you a Sustaining Member and our goal is to have all of our members reach the Sustaining Member level this coming year. New Members remember the club matches your first \$50 donation!

**Membership Goals:** There are several of our members who are still sprouting a Red Bad. One of our goals is to get all of our existing Red Badgers to Blue Badges by December 05. Red Badgers, ask a Blue Badge what you have to do to get a badge just like theirs. The health of a club is dependent on new members so if every member introduces our club to a prospective member every 6 months, we should have no trouble in inducting 6 new members this next year (that is less than 10 %). So get busy and tell people about this great service club you are a proud member of.

**Matching Grants:** We would like to get 2 or even 3 international projects approved by District and RI this coming year. Through matching grants from Rotary International and our own District 5340, SLR contributed \$500 and the Brazilian club we partnered with received \$4000. That is multiplication we can all support.

**Rotarians @ Work Day 4/29/06:** On this day, every Rotary Club in District 5340 will be working in their local community, making a difference. Reggie Grigsby is in charge of this event and is already partnering with the Oceanside and El Camino Rotary Clubs to come up with a project our three clubs can do together.

It will be a busy year but it will foremost be a year of fun and fellowship. Our speaker teams are busy at work planning speakers to enlighten us about our community and our world. Join us every Wednesday at the Jolly Roger at 7:15 am for breakfast and fellowship.

Board Meetings are held the first Tuesday of every month at the Longboarder (this is a new location). The Longboarder is located at the SE corner of Pier View Way and Coast Highway. They have a private room east of the main restaurant and that is where you will find us from 7:30 – 8:30 am the 1<sup>st</sup> Tuesday of each and every month. Red Badges, this is one of the things you need to do....

The End

### From Foundation Chair John:

I am preparing your Foundation record of contributions reflecting balancing as of June, 2005. This will only be your personal data. Keep this report as your record.

Also, I will discuss your Foundation plan options/choices and reporting.

Finally, we will a District Foundation presentation in September to define, clarify, and answer your questions.

### From Vocational Service Chair Rosemary:

Just a heads up on a decision the SLR Rotary Board made at Sarah's first Board meeting. Two of the projects proposed were requests of Peg Cowman, Principal of Ocean Shores.

The first was 500 binders to give the students on their first day. In this binder is complete instructions on the who, where and why of the school. The Club also plans to add on the back panel DONATED BY SAN LUIS REY ROTARY AND OUR FOUR WAY TEST. President Sara contacted Corporate Express a company who sells office supplies to City of Oceanside. They gave us a bid of \$430.00, which was acceptable. To pay for the binder we will pass the hat till we raised the needed funds. At the July 20 meeting we collected \$93.00.

The second request was for outside furniture. There is a desperate need for two tables with benches plus repairs on the remainder. Lowes has a beautiful set that would cost us \$79.00 plus tax for each. We will have to assemble and stain them. Our hope is that we can raise the money for both projects, which we can with your support.

I might add if any of you have access to a better deal especially for the outdoor furniture, let us know.

### Members update:

Past Prez. Curt is spending some vacation time in Chicago and Indiana at wife Donna's family reunion. Curt also now has a teenager in the family with his daughter's recent birthday.

Jim and Patsy Downs returned from a great trip to Turkey.

Nick and Sue are to be visited by the grandkids the 1<sup>st</sup> part of August.

Wic is not having much fun as he is being treated for skin cancer and is having surgery.

### Family Recovery Center

Our speaker on July 20 was our dear friend, Rich Bradway, Exec. Dir. of the Family Recovery Center, who shared how appreciative they are of the help and support of our Club. He also shared some statistics on the impacts of FRC and their supporters for the fiscal year ending June 30:

- è 78% of those who stayed 30 days or more, graduated drug and alcohol free
- è 57% of the women who graduated from the program 12 months prior were still drug and alcohol free
- è 100% of babies born to women in the program were drug-free

We were also fortunate to hear from Michelle Police who is in the FRC program. She had lost her husband and girls due to drug use. However, with the FRC program, she was able to reunify with her daughters and they are developing their stable family life through FRC.

Congratulations to Rich and Michelle. Keep up the great work!

**Members: Please remember to bring baby food to Club meetings for FRC. Right now they could use fruit and vegetable baby food.**

# Calendar

## JULY

- 20 - 7:30 am Speaker: Rich Bradway, with Family Recovery Center
- 27 - 7:30 am Speaker: Dr. Diana Weiss-Wisdom on Positive Psychology Strategies
- 27 - 6:00 pm Special District Council

## AUGUST -- ROTARY MONTH OF MEMBERSHIP AND EXTENSION

- 2 - 7:15 am Board mtg at Longboarder
- 3 - 7:30 am Speaker; District Governor Bob Watson (& new member inductions)
- 10 - 7:30 am Speaker: Sharon Ross, with Lifesharing & Rotary Organ & Tissue Donor Committee
- 17 - 7:30 am Speaker: Ward McAfee, author of *Citizen Lincoln*, i.e. Abe Lincoln
- 24 - 7:30 am LOCATION: Oceanside Boys and Girls Club - to celebrate our landscape project and thank those who made it possible
- 31 - 7:30 am Speaker: Christian Wasinger, to speak on hypnosis and how it can be used to improve our lives

## SEPTEMBER

- 6 - 7:15 am Board mtg at Longboarder
- 10 - Foundation Seminar at Salk Institute
- 17/18 - Harbor Days
- 24 - SUN project

### Communications!

Want to get an email message out to all Club members? Well remember -- send it to [Rotary@ruddick.com](mailto:Rotary@ruddick.com) and put "members" (no quotes) in the subject line.

### First-of-its-kind Rotary Club

The recent report is that for the first time there's a new Rotary Club aboard a base. That's right, there's a new Club on Camp Pendleton. We'll advise when we find out when the meetings are so that we can help share in this great event of a new club and provide support.

### ROTARY FACTS

Did you know: there are 1,219,097 Rotarians in 32,205 Clubs, in 168 countries.

### GREAT NEWS

Our hats off to Bob Schroeder and all club members who participated in making this an incredible 3-club golf tournament in June. With Bob and everyone's great efforts, Bob presented the Club with a check for \$5,300. Our's was the largest share since our members brought in most of the T sponsors/ golfers, etc. This is fantastic! This is money we now have available to assist in helping others.  
**AWESOME!**

### KUDOS TO POT-WINNING GREG

Yep, at our July 20 meeting, the drawing was held and Greg Hartman pulled the lucky card and won the big bucks. Here we have a member with new twins and what does he do---he turns around and on the spot donates half the money to Family Recovery Center and is using the other half for Rotary Foundation and/or Ocean Shores projects.

None of the rest of us liked losing, but after Greg did what he did, we all felt like winners. Thanks Greg!