



# Sunrise over San Luis Rey Rotary Club of Oceanside

Meet Wednesdays: 7:15 am  
Jolly Roger Restaurant @  
Oceanside Harbor

[www.SanLuisReyRotary.org](http://www.SanLuisReyRotary.org)

September 2005 Newsletter

## 2005-06 Board of Directors

**President:** Sarah McAfee  
**Pres-Elect:** Bob Reinseth  
**Secretary:** Tim Poldrugo  
**Treasurer:** Jan Hire  
**Directors:** Mike Kastrup  
Jim Downs  
Nick Ruddick  
Greg Weeding  
**Past Pres:** Curt McRae

## Committee Chairs

**Community Service:**  
Reggie Grigsby  
**International Service:**  
John Hartin  
**Vocational Service:**  
Rosemary Jones  
**Foundation:** John Hartin  
**Membership:** Greg Weeding  
**Communications:** Laurie Dunne  
**Newsletter Editor:**  
Barbara Wayne

## Rotary District 5340:

[www.rotary5340.org](http://www.rotary5340.org)

## Rotary International:

[www.rotary.org](http://www.rotary.org)

## Prez. Sarah sez:

### Speakers

Hats off to a great speaker team for July & August. What a wide variety and what creativity when a speaker "forgot us". How could that be? Just reminds all speaker teams that it is a good Best Practice to contact the expected speaker the week before they are to join us. Hopefully we can get our missing speaker in soon.

It appears that the Sept October team headed by Kathleen O'Hagan may still have an opening or two (please get your speaker information to Nick so he can post it on the web). If that is true, members one and all send suggestions to the team. To see who is on the team each month click on that month and at the top of the calendar there they are.

Getting top quality speakers to join us for breakfast is a key ingredient to membership retention and attracting new members. Keep the quality coming. Thanks to one and all.

### September activities

September is always a busy month for the San Luis Rey Rotary Club:

Sept. 10 is the **Foundation Seminar** in LaJolla (Salk Institute). This is a one time free event for red badgers and a \$20 for blue badgers. Register soon online or let me know 9/17. The Institute has limited seating and this event will sell out.

What happens at a Foundation Seminar? Well we all get updated on what the Foundation has done in the past year and their goals for the future.

We hope that all our members can contribute \$100 - \$124 to the Foundation (\$100 = sustaining member status). The more we are able to individually contribute, the more the Foundation is able to do around the world. Can't make 9/10 because of a prior commitment, check out [www.rotary.org](http://www.rotary.org) and read up on the activities of our Foundation.

I hope that we can get a car pool or two together. Remember Leslie wants to go but needs someone to watch the baby. Now that is hardship duty of the sweetest kind.

### **Harbor Days + Nail & Sail**

The very next weekend is Harbor Days. The El Camino Real Club has presented a challenge to our club (and others) to join them in the Nail & Sail. They won last year!

Our club is willing to sponsor a team but we do not want to pay the entry fee not knowing if we have a team. So far I have no takers as of press time.

### **SUN Project**

September 24th from 7:30 - noon is the City's SUN Project day. We can always use more people so if you did not get your volunteer application into me by the end of August, see me at a club meeting and sign up.

Both the El Camino and Oceanside clubs are joining us again this year. It is a 1/2 day of your time and makes a world of difference to the neighborhood chosen. Neighborhoods beautified in past SUN Projects are still looking GOOD. Help your fellow volunteers from all over No County make Oceanside worth "taking a closer look."

Remember one and all in addition to your club duties we are all members of the Membership Committee, headed by Greg.  
Don't think that you have to be a member to participate in any of the events mentioned above. Bringing a prospective member to one of these events is a great way to introduce them to our club.

**Mark your calendars:** Charter night celebration for Rotary Club of Camp Pendleton is Oct 21 at the So Mesa Staff NCO Club. More information coming soon. This club meets every Thursday at 11:30 at the San Luis Rey Officers Club. Feel free to drop in on a regular club meeting and be sure to block off the Charter Night celebration. More information will be coming soon from the District.

*Editor's Note: Wow, the Prez is not so loquacious for this newsletter – there's still ¼ page left!*

### **From Foundation Chair John:**

Some of the finest work Rotary does is through the Rotary Foundation. One of the best ways to support that work is through Paul Harris Fellowships or by being Paul Harris Sustaining Members.  
This year each of our Board members has voluntarily agreed to be a Paul Harris Sustaining Member. This involves giving \$100 a year to the Rotary Foundation. We encourage and challenge each of our members to be a Paul Harris Sustaining Member.

Rotary Trivia:

Rotary began in Chicago in 1906. It was founded by Paul Harris, a young attorney, who brought together a group of business and professional men in an effort to recapture the friendliness and fellowship he had known in his small town growing up. The name 'Rotary' was chosen because members met in rotation at their various places of business.

### From Vocational Service Chair Rosemary:

CONGRATULATIONS SAN LUIS REY MEMBERS. WE HAVE COLLECTED TO DATE \$437 WHICH WILL ALMOST PAY FOR THE 500 BINDERS ORDERED THROUGH CORPORATE EXPRESS FOR OCEAN SHORES. TOTAL BILL IS \$484.88. PLUS WE WILL HAVE A PRINTING BILL FOR 500 COPIES OF OUR ROTARY 4 WAY TEST THAT WILL BE ATTACHED TO THE FOLDERS. SO IF THERE ARE ANY LAST OF THE BIG SPENDERS THAT WANT TO DONATE, LET ME KNOW. *[UPDATED: THE BINDERS ARE NOW IN THE STUDENTS' HANDS WITH THE ROTARY 4-WAY TEST]*

INCIDENTLY OUR NEW MEMBER GREG HARTMAN DONATED \$200 TO THE ABOVE CAUSE -- THANK YOU-THANK YOU!!!!!!!

THANKS TO BILLIE PHILLIPS, MARILOU HRUBY, BARBARA WAYNE AND YOURS TRULY, WE WILL BE ABLE TO PURCHASE 2 SETS OF PICNIC TABLES FOR OCEAN SHORES HIGH SCHOOL. NICK IS GOING TO DELIVERY THEM TO THE HIGH SCHOOL AND THE STUDENTS WILL STAIN AND PUT THEM TOGETHER. MISSION ACCOMPLISHED.



### WELCOME TO OUR NEWEST MEMBERS: MARILOU AND ELLIOT

Here's [Marilou Hruby's](#) bio:

A resident of San Diego County since 1984, Marilou Hruby made her life in the beautiful beach community of Oceanside and has just recently relocated to a beautiful hilltop home in Fallbrook. She has two beautiful daughters, Maria and Melissa, who both graduated from Oceanside High School. Marilou will be celebrating 28 years of marriage this December to her husband Dave, retired Navy. David joined the civilian workforce in 1996 with Schlumberger Oil Rig where he had the opportunity to tour the world, besides in military. After establishing a solid foundation for her family, Marilou graduated in Accounting, worked for EDS, Hughes, and Raytheon where she had experiences from Banking operations to travel and help train and set up relocating employees to Training in academic Aviation such as Hughey, Cobra, and CH 46 simulator helicopters; then decided to open her own business in 1996(while working full time) called In-Home Care, a senior home care agency dedicated to improving the quality of life for the seniors of her community. In 2002 she opened an assisted living, senior board and care facility called Laureate Leisure Living and has just recently added a third branch to her growing business called Front Door Transportation, a transportation service catering to seniors who want to live an independent lifestyle. The company has grown from home based with two employees to 45 employees at the Carlsbad Village Drive Office. Marilou's ambition and love for her community has not only allowed her business to prosper, but has also drawn her to become heavily involved with many groups. Whether she is a past member of the board or an active member, Marilou is dedicated to a number of groups including: Vista Community Clinic, National Private Duty Association, San Diego Home Care Council, Oceanside Chamber of Commerce, Filipino-American Cultural Association of North County San Diego (President), Soroptimist of Oceanside/Carlsbad, Oceanside Park and Recreation Commissioner, Oceanside Community Relations Commissioner, and past Chairperson for the Oceanside Municipal Golf Committee. She is also involved on the Oceanside recruiting police personnel panel board interview Committee, California Brisas Home Owner Association, and VFW Post 1942. Being involved in so many things, as well as running three different branches of business can certainly be time consuming, but Marilou wouldn't have it any other way. With the support of her family and friends, Marilou will continue to make a positive impact as long as she can and proves to be an ideal role model for all those that aspire to do great things for their home town.

## Here's Elliot Schroeder's bio:



I am an Oceanside Native with deep roots in our fair city. At one point when I was growing up I had both grand parents and great-grandparents on my mother's and father's side residing here. Four generations and still going strong!



By 1993, I graduated from El Camino High School as Senior Class President and packed my bags for West Point. Graduating in 1997, the tough academy years had me ready for my first assignment as an Army officer in South Korea. The duty was great as a combat engineer where I also got to work on the war plan in case hostilities broke out against North Korea. Ironically, I was stationed in Paju-Ri the same city where my grandfather, and fellow Rotarian, Bob Schroeder was stationed forty years earlier.

Finishing up my time in Korea I did a stint as an Executive Officer for a Basic Training Unit inducting new recruits into the Army. With my voice tired of yelling at privates, I embarked on my 18-month tour to Izmir, Turkey with NATO. There I found the best souvenir, my wife Ebru. We married in a quiet personal ceremony in Venice, Italy in 2002. The Army's gift was to send me to Kuwait-Iraq six months into our marriage.

Ebru proved her toughness by not only adjusting to married and army life, but surviving in a new country while her husband was miles away in the desert. Upon my return, the Army kept me busy with work in Egypt and as far away as Bishkek, Kyrgyzstan (find that on a map!) before Ebru and I felt it was time to start our little family. No better place then back home in Oceanside, where we relocated back in July 2004. Now we are off on our next adventure with a trip back to Turkey in September '05 to tell the in-laws the big news that a baby is due in February 2006!

## Calendar

### SEPTEMBER (see our website for this month's speaker info.)

- 6 - 7:15 am Board mtg at Longboarder
- 10 - Foundation Seminar at Salk Institute
- 17/18 - Harbor Days
- 24 - SUN project

### OCTOBER (see our website for this month's speaker info.)

- 8 - Library Trivia Bee
- 11 - District Council Dinner
- 21 - New Camp Pendleton Rotary Club Charter Celebration (see article)

#### **First-of-its-kind Rotary Club**

The first Rotary Club aboard a base--Camp Pendleton Rotary will be celebrating their Charter Night on Friday, October 21 at 6 pm at the Main Ballroom of the South Mesa Staff NCO Club; \$38. See the Rotary 5340 web site for further info and reservations; and call Sarah if you wish to attend

#### **Family Recovery Center**

**Members:** Please remember to bring baby food to Club meetings for FRC. Right now they could use fruit and vegetable baby food.